Rolla Public Schools
Employee Benefits Contact Information

**MEDICAL**

Carrier: UMR
Network: UHC Choice Plus
To Find a Provider: [www.umr.com](http://www.umr.com) click on Find a Provider on home screen
Customer Service: UMR Medical Customer Service Line: 800-826-9781

**DENTAL**

Carrier: Reliance Standard
Network: Classic PPO
To Find a Provider: [http://www.reliancestandard.com/dental-vision/](http://www.reliancestandard.com/dental-vision/)
Customer Service: Customer Care center or by phone 800-351-7500, 8 a.m.-7 p.m.

**VISION**

Carrier: Reliance Standard
Network: VSP and/or EYEMED
To Find a Provider: [http://www.reliancestandard.com/dental-vision/](http://www.reliancestandard.com/dental-vision/)
Customer Service: Customer Care center or by phone 800-351-7500, 8 a.m.-7 p.m.